



# AVATON

art+community+adventure

Sustainable Summer School • Spanish Pyrenees • August 2012





## Why choose Avalon?

- **International community** making new friends from different cultures with **English language immersion**
- **Challenging adventures** with outdoor sports in a safe environment of **stunning natural beauty**
- **Time to explore** and discover your hidden artistic talents and new skills to design your future
- **Cutting edge sustainability program** inspired by Gaia Education and United Nations University
- **Professional team** of guides, facilitators & language coaches with **10 years' experience** in outdoor adventure camps and the **highest safety and risk management standards**

**Don't miss it – book your place now!**

# creativemindsopenheartswildplaces

An **integral** learning **experience** in an **international** environment for young **people** aged 14 to 19, combining **art**, adventure and **skills** for a resilient **future** • 12-26 August **2012**, Alta Garrotxa, Spain



welcome to

# AVALON



A magical summer adventure to make new friends and discover hidden talents. In Avalon you'll form part of an international learning community developing the skills, freedom and creativity to lead the journey towards a better future.

With a unique blend of art, adventure and team activities you'll leave the summer school inspired to take action in your own life to help move from the world we have to the world, everyone, everywhere wants.

Creative minds, open hearts and wild places.  
This is the essence of the Avalon experience.



# sustainable summer school

Spanish Pyrenees • 12th to 26th August 2012  
for young people aged 14 to 19

What better way to spend your summer than by taking part in a unique and unforgettable adventure while making new friends from different countries in a stunning natural environment? That's exactly what Avalon is about - a journey into the wilderness, a time to connect with your dreams and explore new talents. In this action-packed experience you can choose

from a variety of activities, including outdoor adventure (rock climbing, canyoning, trekking and archery), with art (photography, video, dance and sculpture), and learn a set of skills to design your future in a changing world: work in a team, express yourself in public, make group decisions, build with natural materials, face physical challenges and be alone in the wild...



## Food and accommodation

You will sleep in modern and comfortable tents in a fully equipped campsite with hot showers, toilets and leisure spaces. A native american Tipi and various domes provide ideal spaces to relax, share stories, watch films and play music around a campfire. Food will be varied, local, fresh and organic (where possible) and in the evenings you will occasionally help out with food preparation and keeping camp tidy.

## Where?

The camp is based in the Alta Garrotxa Natural Park in the Spanish Pyrenean foothills - a beautiful valley of limestone canyons, impressive rock faces, ancient smuggling trails, shady forest paths and crystal clear rock pools ideal for swimming and picnics. Situated 90 minutes north east of Barcelona and 40 minutes from the historical city of Girona, the camp is easily reached by plane, rail or bus.



## Skills

- Skills
- Team building
- Leadership training
- Communication skills
- Emotional intelligence
- Conflict resolution

## Activities

- Canyoning & rock climbing
- Via ferrata & trekking
- Archery & welding
- Video & photography
- Dance, music & theatre
- Land art & sculpture
- Eco-building & design
- Solo experience in the wild



## Do I need to have good spoken English?

The camp will be run in English and is suited to native speakers as well as anyone who has been learning the language for at least four years. The activities and workshops will be run in small groups with a maximum of 12 students to 2 language and activity facilitators allowing us to cater for different levels of English.

## Do I need to be physically fit?

We have a “challenge by choice” policy, which means that you decide what you want to do. None of the activities are compulsory. Our guides will take great care of you and gently introduce you to new activities. Your safety and wellbeing is our first priority.





## Pricing

€ 1.190.- two week program

€ 690.- one week program

(from 12-19th or 19-26th of August)

Includes food, accommodation, activities, equipment and transport from and to Barcelona and Girona airport & train station.

Programs for parents and companions available on demand.

For staff curriculums, detailed program, travel information, safety policy, and other details, please visit our website.

## Information and booking

Tel.: (+34) 93.100.2477  
avalon@barcelona.com  
www.avalon-school.com



**active earth  
learning limited**  
2 Whinmoor Close, Bidston  
Merseyside. CH43 7XR. UK  
info@active-earth.com



**barcelona  
s.c.i.**  
c/ bailén 11, 08010,  
Barcelona, Spain  
host@barcelona.com



REGIONAL CENTRE OF EXPERTISE  
ON EDUCATION FOR  
SUSTAINABLE DEVELOPMENT



ACKNOWLEDGED BY



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